

# A Family's Guide to Coaching in Early Intervention



Early Intervention providers use coaching interactions during early intervention visits to help parents enhance their abilities to interact with their children in ways that support their child's learning and development.

## JOINT PLANNING

At the beginning of the visit, you and your provider talk about the plan and goals from the last visit. You share with your provider what you tried with your child, and what did and didn't work.

## OBSERVATION

Your provider watches how you and your child play and interact in the things that you do everyday. Your provider might show you a strategy to use, and then they might ask you to try it.

## ACTION

Your provider helps you practice new ways to help your child meet his/her goals as you go about your daily routine. In between visits, you can put into action those strategies you came up with together.

## REFLECTION

Your provider asks questions about what you've already tried with your child and what is typical for your family. Your provider listens to you and you both discuss what has or has not worked, why it has or has not worked, and new ideas for you to try.

## FEEDBACK

Your provider shares information with you and helps you figure out what strategies will best help your child meet his/her goals.

## JOINT PLANNING

At the end of the visit, you and your provider come up with a plan together that says what you want to try with your child in between visits, and you schedule your next visit.