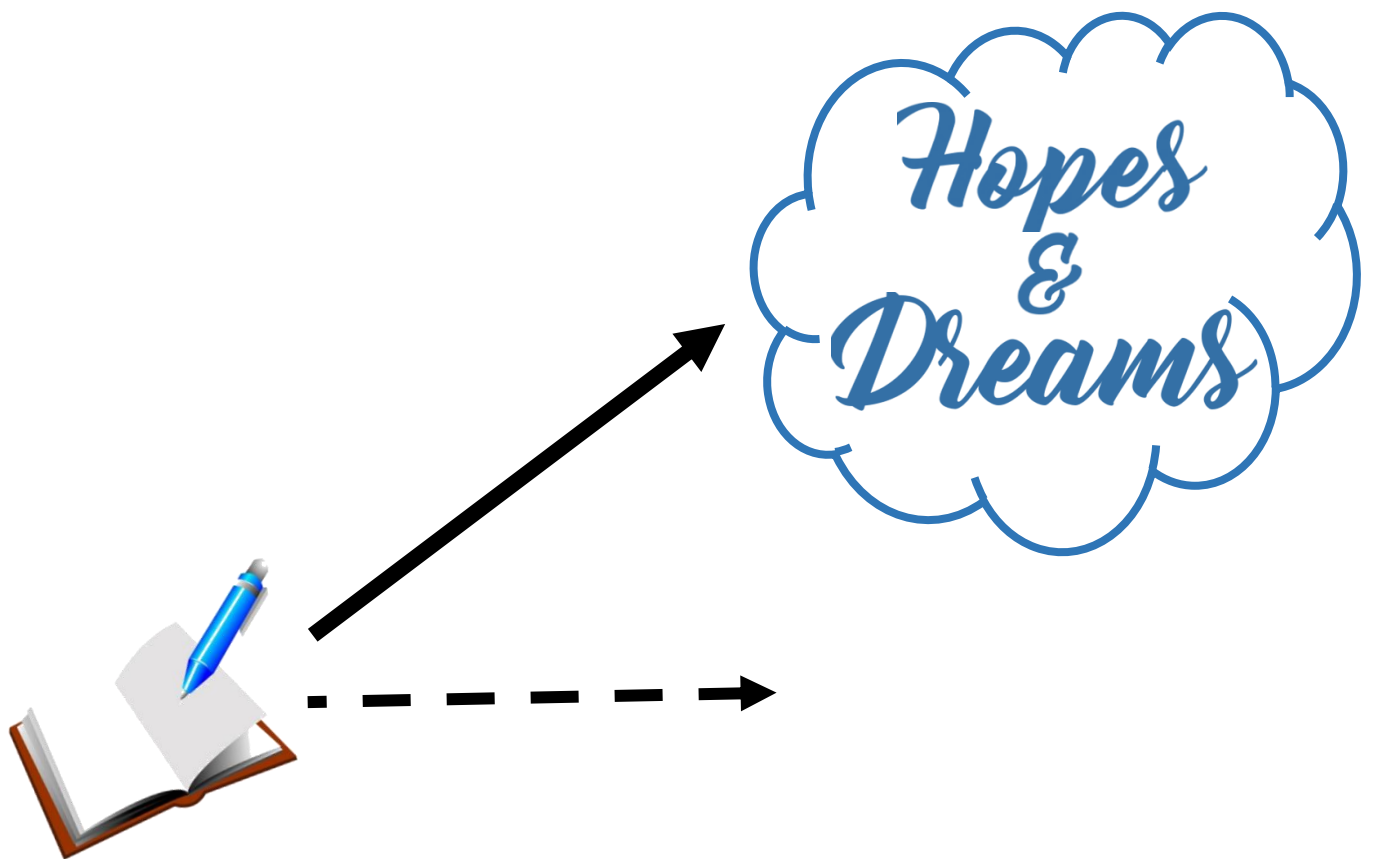
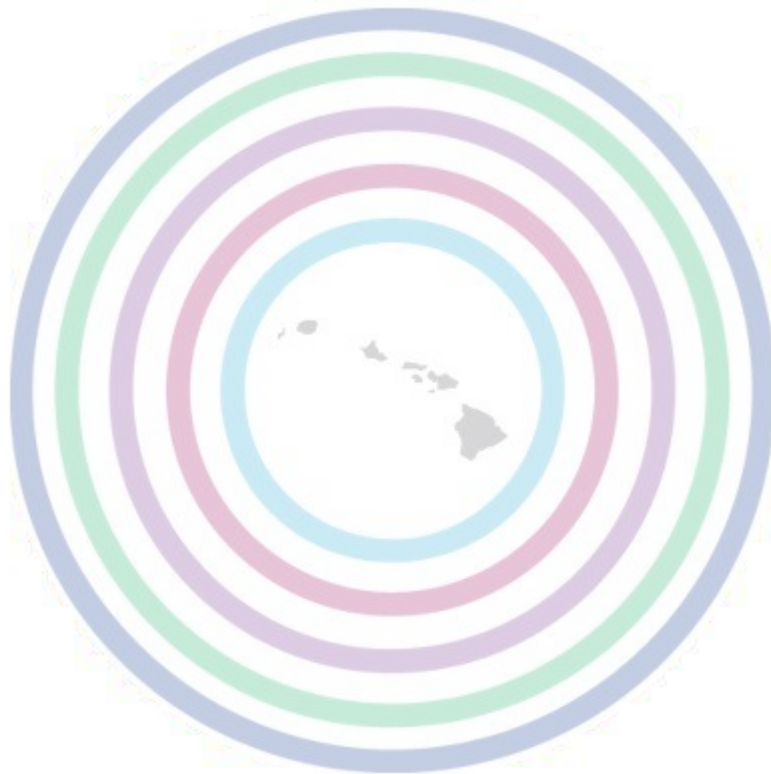


My Story: My Hopes & My Dreams



Objectives

- What story are you telling with your life?
- Hopes! Dreams! How do they fit together?
- Hopes & Dreams with LifeCourse Tools. The Direction for your Journey



My Story

By: _____

This is my life story. I am ____ years old.

My birthday is on _____.

When I was younger, I thought I wanted to be a _____.

Now that I'm older, I think I would like to be a _____

because _____

_____.

The End



My Hopes

1.

2.

3.

My Dreams

1.

2.

3.

How do your **Hopes** and **Dreams** align?

- **hopes** – (*n.*) the feeling that what is wanted can be had or that events will turn out for the best. (*v.*) to look forward to with desire and reasonable hope
- **dreams** – *n.* an aspiration; goal; aim, a wile or vain fantasy, something of unreal beauty, charm or excellence.



MY TOP THREE (3) CHOICES

1.

2.

3.



DIRECTION TOWARDS A GOOD LIFE WHAT CAN THIS LOOK LIKE?

1.

2.

3.



Are your **Hopes & Dreams** moving you in the right **Direction**?

- **direction**– (n.) a course along which someone or something moves; the management or guidance of someone or something.
- **good life**– (n.) your own definition of how you want to live.

My Story

By: _____

This is my life story. I am _____ years old.

My **hopes** and **dreams** are _____

_____.

My **action plans** include _____

because _____

_____.

The End

Notes:

