



#### Find information on:

- Advocacy and Conflict Resolution
- Hawaii DOE contacts
- Health Services
- Information and Referral
- Family Support Groups
- Self Help Groups
- Miscellaneous Resources

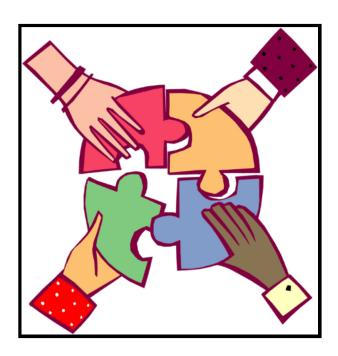
www.SPINconference.org www.SPINhawaii.org

email: spin@doh.hawaii.gov

call: 808-586-8126

SPIN updates this Resource Guide annually, before the SPIN Conference in the spring. We update this Resource Guide all year long on our website <a href="www.spinhawaii.org">www.spinhawaii.org</a>. If you come across information in this guide that needs to be changed or updated, or if you know of a resource we have missed, please contact SPIN.

Phone: 808-586-8126 Email: spin@doh.hawaii.gov



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# **DOE IDEA Complaints Management Program**

P.O. Box 2360 Honolulu, HI 96804 Phone: (808) 853-0261

E-mail: <a href="mailto:specialedcomplaints@k12.hi.us">specialedcomplaints@k12.hi.us</a> Website: <a href="mailto:sww.hawaiipublicschools.org/">www.hawaiipublicschools.org/</a> teachingandlearning/specializedprograms/

specialeducation/pages/rights.aspx

Responds to written complaints and concerns regarding non-compliance with the Individuals with Disabilities Education Act (IDEA) and Chapter 60 in the provision of special education and related services to students with disabilities. Facilitates communications and promotes dispute resolution.

#### Hawaii Disability Rights Center

1132 Bishop Street, Suite 2102

Honolulu, HI 96813 Phone: (808) 949-2922 Toll Free: 1-800-882-1057 Fax: (808) 949-2928

Email: <u>info@hawaiidisabilityrights.org</u>
Website: www.hawaiidisabilityrights.org

Promotes and advocates for human, civil and legal rights of persons with disabilities.

Provides educational advocacy for students with disabilities.

# Leadership in Disabilities & Achievement of Hawaii (LDAH) and Hawaii and Pacific Island Parent Training & Information Center (PTI)

245 N. Kukui Street, Suite 205

Honolulu, HI 96817 Phone: (808) 536-9684,

Neighbor Islands: 1-800-533-9684

Email: <u>info@ldahawaii.org</u>
Website: www.ldahawaii.org

Facebook: www.facebook.com/ldahawaii.pti

Provides information, training, technical assistance, advocacy and mentoring services to parents and guardians of students with disabilities regarding the special education process and the needs of children with any disability.

#### (LDAH) School Readiness Project Honolulu Office:

245 N. Kukui Street, Suite 205

Honolulu, HI 96817 Phone: (808) 536-9684

Ma'ili Office:

87-790 Kulauku St. Suite A 116

Waianae, HI 96792 Phone: (808) 696-5361 Website: www.ldahawaii.org Provides developmental, social emotional, autism, hearing and vision screening for children ages two through five years old throughout O'ahu and Hilo. In addition, case management and parent training on developmental milestones and the importance of early detection in children to be ready for school, ready to learn, is provided.

### ADVOCACY & CONFLICT RESOLUTION (cont.)

Legal Aid Society of Hawaii	Assists low to moderate income families of
924 Bethel Street	children with disabilities to apply for and appeal
Honolulu, HI 96813	denials or discrimination related to housing,
Intake Line Oahu: (808) 536-4302	Supplemental Security Income (SSI), and other
Intake Line: Neighbor Islands 1-800-499-4302	public benefits.
Fax: (808) 527-8088	
Website: www.legalaidhawaii.org	
Mediation Center of the Pacific	Provides mediation services statewide to help
Mediation Center of the Pacific 1301 Young Street, 2 <sup>nd</sup> Floor	Provides mediation services statewide to help resolve conflicts over a student's identification,
	1
1301 Young Street, 2 <sup>nd</sup> Floor	resolve conflicts over a student's identification,
1301 Young Street, 2 <sup>nd</sup> Floor Honolulu, HI 96814	resolve conflicts over a student's identification, evaluation, program or placement. Helps to
1301 Young Street, 2 <sup>nd</sup> Floor Honolulu, HI 96814 Phone: (808) 521-6767	resolve conflicts over a student's identification, evaluation, program or placement. Helps to define conflict issues, explore solutions and reach
1301 Young Street, 2 <sup>nd</sup> Floor Honolulu, HI 96814 Phone: (808) 521-6767 Fax: (808) 538-1454	resolve conflicts over a student's identification, evaluation, program or placement. Helps to define conflict issues, explore solutions and reach

### **General Conflict-Resolution Guidelines for IEP Meetings:**

- **1. Be respectful -** Come to the meeting on time, smile and be ready to work together. Never EVER personally attack any member of the team.
- **2. Be prepared -** Come to the meeting with an action plan and goals. Bring supporting documents like test results and work samples and make copies for everyone.
- **3. Always treat each other like experts -** Every team member is an expert, including parents, and has valuable input.
- **4. Accept there will be differences of opinion -** Work together to ensure the same results, even if the plan is different than you expected.
- **5. Remember the meeting isn't about you -** Keep the meeting focused on the student and their education.
- **6. Know your student's needs, but be willing to compromise -** Be willing to reduce less needed services in favor of one that is absolutely necessary.
- **7. Know when to table the discussion** If you've hit a wall or team members are becoming more aggravated, its ok to say "we've made good progress today, let's take a step back and meet again in one week."

Excerpts from www.specialeducationguide.com



### HAWAII DEPARTMENT OF EDUCATION (DOE)

The Department of Education provides special education and related services to children, age 3 to 22, who meet the eligibility requirements due to a disability that affects their educational success. *Special Education* is specially designed instruction to meet the unique learning needs of students who require Individualized Education Programs (IEPs).

**Related services** include transportation and such developmental, corrective, and other supportive services required to assist a student with a disability to benefit from special education. They include speech-language pathology and audiology services, interpreting services, psychological services, physical and occupational therapy, recreation, early identification and assessment of disabilities in students, counseling services, orientation and mobility services, and medical services for diagnostic or evaluation purposes. Related services also include school health services and school nursing services, social work services in schools, and parent counseling and training.

Services are at no cost to the parent and may be provided in a variety of settings based on the student's needs. These services are aligned with the federal *Individuals with Disabilities Education Act* (IDEA) and Hawaii's local implementing law relating to special education, Chapter 60.

#### SUPPORTS TO SCHOOLS

Your child's school is responsible for providing an individualized educational program designed to help make meaningful progress given his or her unique needs. Most of your concerns regarding your child's education can be resolved at the school level. Providing special education support to schools are a variety of complex area, district and state offices. While their assistance is aimed at supporting school personnel, they can sometimes be of assistance to parents. Here is an abbreviated list of those offices:

### **State Level Support Offices**

Within the larger **Office of Student Support Services** is the **Exceptional Support Branch (ESB)** and its two main sections—the **Special Needs Section** and the **Special Education Section**. The ESB develops and administers policies, procedures, guidelines, professional development and tools to schools and staff making sure that students with disabilities have access to and succeed in the same learning environment as all other students. The primary goal of both sections within the ESB is to provide leadership and support for students with disabilities who receive special education and related services throughout Hawaii public and charter schools under the Individuals with Disabilities Education Act and the Rehabilitation Act of 1973.

ESB accomplishes this goal through the following activities::

- Providing technical assistance and training to complex areas, districts, schools, cooperating agencies and parents to address the needs of children with disabilities,
- Developing procedures and standards of practice for the education of students with disabilities, ages 3 to 22, and
- Developing and managing statewide contracts, agreements and affiliations to ensure students receive services by qualified Staff.

#### **EXCEPTIONAL SUPPORT BRANCH**

Roxanne Rokero, Acting Director 475 22<sup>nd</sup> Avenue Honolulu, HI 96816 Phone: (808) 305-9806

Fax: (808) 733-4475

Email: roxanne.rokero@k12.hi.us

The **Special Education Section** ensures the rights of children/youth with disabilities and their parents are protected through the implementation of federal and state laws. It provides technical assistance and training to schools and complex areas on the implementation of IDEA and Chapter 60.

#### **Special Education Section**

Verna Chinen, Acting Administrator Email: verna.chinen@notes.k12.hi.us

The **Special Needs Section** focuses on programs for low incidence disabilities like autism, deafness, visual disabilities and multiple disabilities. Responsibilities include:

- Providing leadership, training and technical assistance to schools and complexes in planning and implementing programs for these students with disabilities; and
- Providing direct services like assessments for students with hearing and vision disabilities, and students with significant cognitive, social and behavioral needs.

#### **Special Needs Section**

Jamia Green, Acting Administrator Email: jamia.green@k12.hi.us

### **District and Complex Area Level Support Offices**

Direct support and supervision to schools is provided through 15 complex area offices that take in Hawaii's 41 school complexes. (A complex is made up of one or more high schools and the elementary and middle schools that feed students to the high school.) Each complex area has a Complex Area Superintendent (CAS) and a District Educational Specialist (DES) for special education/special services. The DES may cover more than one complex area. The following is a list of important contacts for special education supports in each district:

#### **OAHU: HONOLULU DISTRICT**

Farrington-Kaiser-Kalani Complex Area Kaimuki-McKinley-Roosevelt Complex Area

3440 Leahi Ave., Bldg D Honolulu, HI 96815 Special Education

Farrington-Kaiser-Kalani (808) 733-4940 Kaimuki-McKinley-Roosevelt (808) 733-4977 School Based Behavioral Health (808) 735-8355 Autism Program (808) 733-4985

#### **Special Schools in Honolulu District**

Hawaii School for the Deaf & the Blind

3440 Leahi Avenue Honolulu, HI 96815

Phone: (808) 733-4999 (V/TTY) Video Phone: (808) 447-1453 Fax: (808) 733-4824 Website: www.hcdb.k12.hi.us A free public education facility that provides services to Hawaii's deaf, blind, and deaf-blind students. HSDB provides an ASL bilingual-bicultural program that follows the tenets of a bicultural, bilingual philosophy. Both ASL and English are respected and used in instruction. Provides an academic boarding program for some students as determined by their IEP.

#### **OAHU: CENTRAL DISTRICT**

Aiea-Moanalua-Radford Complex Area (South Central)

1 C Ave. Bldg. H Honolulu, HI 96818

Leilehua-Mililani-Waialua Complex Area (North Central)

1136 California Avenue Wahiawa, HI 96786 Student Support Services

Aiea-Moanalua-Radford (808) 421-4263 Leilehua-Mililani-Waialua (808) 622-6432 School Based Behavioral Health (808) 622-6439 Autism Program (808) 622-6421

#### **OAHU: LEEWARD DISTRICT**

Campbell-Kapolei Complex Area Nanakuli-Waianae Complex Area Pearl City-Waipahu Complex Area

Leeward Annex

94-521 Farrington Highway

Waipahu, HI 96797

**Student Support Services** 

 Campbell-Kapolei
 (808) 675-0335

 Nanakuli-Waianae
 (808) 668-5746

 Pearl City-Waipahu
 (808) 675-0384

 School Based Behavioral Health
 (808) 675-0444

 Autism Program
 (808) 675-0384

#### OAHU: WINDWARD DISTRICT

Castle-Kahuku Complex Area

Kailua-Kalaheo Complex Area

46-169 Kamehameha Highway, Kaneohe, HI 96744

**Student Support Services** 

 Castle-Kahuku
 (808) 784-5940

 Kailua-Kalaheo
 (808) 784-5940

 School Based Behavioral Health
 (808) 784-5930

 Autism Program
 (808) 784-5950

EDUCATION – PUBLIC SCHOOLS (cont.)

#### **HAWAI'I DISTRICT:**

#### EAST HAWAI'I REGIONAL SPECIAL EDUCATION OFFICE

Hilo-Waiakea Complex Area

450 Waianuenue Avenue, Building C

Hilo, HI 96720

Special Education (808) 974-4535 School Based Behavioral Health, Rm. 1 (808) 775-8895 Autism (808) 974-4401

#### SOUTH HAWAI'I REGIONAL SPECIAL EDUCATION OFFICE

Ka'u-Kea'au-Pahoa Complex Area

16-590 Kea'au-Pahoa Road, Hale F

Kea'au, HI 96749

Special Education and Autism (808) 982-4252 School Based Behavioral Health (808) 775-8895

#### WEST HAWAI'I REGIONAL SPECIAL EDUCATION OFFICE

Kealakehe-Konawaena Complex Area

81-1080 Konawaena School Road

Kealakekua, HI 96750

Special Education and Autism (808) 323-0015 School Based Behavioral Health (808) 775-8895

#### NORTH HAWAI'I REGIONAL SPECIAL EDUCATION OFFICE

Kohala-Honoka'a Complex Area

c/o Honoka'a High School 45-527 Pakalana Street Honoka'a HI 96727

Special Education and Autism (808) 775-8895 School Based Behavioral Health (808) 775-8895

#### **MAUI DISTRICT:**

Baldwin-Kekaulike-Maui Complex Area

Hana Complex Area

Lahaina Complex Area

P.O. Box 263

Pu'unene, HI 96784

Special Education and Autism (808) 873-3520 ext. 0 School Based Behavioral Health (808) 873-3520 ext. 0

#### MAUI DISTRICT: MOLOKAI ANNEX

Molokai Complex Area Lanai Complex Area

P.O. Box 470

Kaunakakai, HI 96748

Special Education and Autism (808) 553-1723 School Based Behavioral Health (808) 553-1723

#### **KAUAI DISTRICT:**

Kapaa/Kauai/Waimea Complex Area

3060 Eiwa Street, Room 305

Lihue, HI 96766

Special Education/Special Services (808) 274-3173 ext. 246

Mokihana SBBH (808) 274-3505 Autism Program (808) 274-3505



#### SPECIAL EDUCATION LAW & INFORMATION

Hawaii Department of Education	Information on what is meant by special
Special Education	education, how families request an evaluation
Website: www.hawaiipublicschools.org/Teach	for their child, links to data reports and the
ingAndLearning/SpecializedPrograms/Special	IDEA Annual Performance Report.
Education/Pages/home.aspx	
U.S. Department of Education	A resource for IDEA-related, State-specific
Office of Special Education Programs (OSEP)	information such as how a state was rated
Grads 360 Website:	on its delivery of special education services,
https://osep.grads360.org/#program/idea-part-b-	and how its data compares to national averages.
profiles (Click on Hawaii)	A one-stop shop for information about the
IDEA Website:	Individuals with Disabilities Education Act
http://sites.ed.gov/idea/	(IDEA).

Hawaii Board of Education (BOE) Chapter 60 Rules Website: http://boe.hawaii.gov/policies/ AdminRules/Pages/AdminRule60.aspx	Chapter 60administrative rules for the State of Hawaii to provide a free and appropriate education (FAPE) to eligible children with a disability living in Hawaii.
Wrights Law Website: www.wrightslaw.com	A very resourceful website filled with an array of topics relating to IDEA and Special Education law, case law review, advocacy, publications and a free weekly e-newsletter.



# PRIVATE SCHOOLS & PROGRAMS

The following private schools and programs offer specially designed instruction and/or related services to students who have disabilities that affect their ability to benefit from their education.

Assets School Lower School Campus (K-8): One Ohana Nui Way Honolulu, HI 96818 High School Campus (9-12): 913 Alewa Drive Honolulu, HI 96817 Phone: (808) 423-1356 Fax: (808) 422-1920 Email: info@assets-school.org Website: www.assets-school.org	A K-12 school that helps children with learning differences, including giftedness and/or dyslexia, achieve their fullest potential in a student-centered, nurturing and accepting atmosphere. Supports an individualized, integrated learning environment that instills confidence and resilience in each child.
Head Start Oahu Main Office: HCAP: Honolulu Community Action Program 94-810 Moloalo St. Room 200 Waipahu, HI 96797 Phone: (808) 847-2400 Email: headstart@hcapweb.org Website: www.hcapweb.org/headstart  Kauai Main Office CFS: Child & Family Services 2970 Kele Street Suite 203, Lihue, HI 96766 Phone: (808) 245-5914 Website: www.childandfamilyservice.org/ programs/headstart/	Provides federally funded comprehensive early education programs for low-income children between the ages of 3-5, including children with disabilities.

# PRIVATE SCHOOLS & PROGRAMS (cont.)

Maui Main Office:  MEO Family Center, Early Childhood Centers 99 Mahalani Street, Wailuku, HI 96793 Phone: (808) 249-2990 Website:www.meoinc.org/content/5372b1 7b88ff2/head_start_services.html  Hawaii Main Office: PACT: Parents and Children Together 27 Waianuenue Ave., Hilo, HI 96720 Phone: (808) 961-0570 Website: www.pacthawaii.org	Provides federally funded comprehensive early education programs for low-income children between the ages of 3-5, including children with disabilities.
Horizons Academy of Maui P.O. Box 171 Kihei, HI 96753 Phone: (808) 575-2954 Email: info@horizonsacademy.org Website: www.horizonsacademymaui.org	Provides students from preschool to young adulthood (age 21) with quality, individualized experiential education honoring the talents of students with learning diversities, allowing them to excel in school and acquire life skills for their future.
Keiki O Ka 'Aina Family Learning Center Parent Participation Program 3097 Kalihi Street Honolulu, HI 96819 Phone: (808) 843-2502 Email: intake@koka.org Website: www.koka.org	All keiki are welcome. We offer infant/toddler classes for keiki 3 months to 5 years. Parents attend with their keiki, and learn to be their child's first and most important teacher.
Scottish Rite Children's Language Center 1611 Kewalo Street Honolulu, HI 96822 Phone: (808) 545-7758 Email: srccenter@hawaiiantel.net	Provides an intensive speech therapy program for children, ages 3 to 5 years, whose primary disability is a speech and/or language delay.
Sounds of Success Preschool and Learning Center Harbor Center 98-029 Hekaha Street, Building 5, Suite 44 Aiea, HI 96701 Phone: (808) 488-2211 Fax: (808) 380-8949 Email: info@sospreschool.org Website: www.sospreschool.org	Provides preschool services for children ages 2 ½ - 5 years, and specializes in language therapy services for children with speech-language delays. Their on-site Learning Center offers after school speech-language therapy for children ages 2 to 18.

#### PRIVATE SCHOOLS & PROGRAMS (cont.)

#### Variety School

710 Palekaua Street Honolulu, HI 96816 Phone: (808) 732-2835 Fax: (808) 732-4334

Email: <u>info@varietyschool.org</u> Website: www.varietyschool.org Provides education for children, ages 5 to 21, who have a learning disability, attention deficit disorder and/or autism spectrum disorder using a multidisciplinary approach. Also offers an after school and summer enrichment program.

It is vital that when educating our children's brains that we do not neglect to educate their hearts.

~ Dalai Lama



#### **HEALTH SERVICES**

# **Child & Adolescent Mental Health Division** (CAMHD)

3627 Kilauea Avenue, Room 101

Honolulu, HI 96816 Phone: (808) 733-4215 Fax: (808) 733-9377

Website: www.health.hawaii.gov/camhd/

#### **Family Guidance Centers:**

#### Oahu:

Central(808) 453-5900Honolulu(808) 733-9393Leeward(808) 692-7700Windward(808) 233-3770

Hawaii:

Hilo Hawaii (808) 933-0610 Waimea Hawaii (808) 887-8100

Kanai:

Lihue (808) 274-3883

Maui:

Lahaina (808) 662-4045 Wailuku (808) 243-1252 Lanai: (808) 662-4045 Molokai: (808) 553-7878 The Division provides case management services to children and youth ages 3-20 with complex emotional and behavioral problems. Case management and clinical support is provided by the Family Guidance Centers (FGCs) and clinical treatment for youth with complex emotional and behavioral problems is provided through CAMHD's contracted service providers. Youth may be referred either as a related service to their IEP, or if eligible for QUEST, through direct application to their local FGC under the Support for Behavioral and Emotional Development (SEBD) program. More information can be found on the website.

#### **HEALTH SERVICES (cont.)**

# **Children with Special Health Needs Branch Department of Health**

741 Sunset Avenue Honolulu, HI 96816 Info Line: 808-586-4400 Phone: 808-733-9055 Fax: 808-733-9068

Website: https://health.hawaii.gov/cshcn/

#### Developmental Disabilities Division (DDD) Department of Health

#### Main Office at Kinau Hale

1250 Punchbowl Street, Room 463

Honolulu, HI 96813

Phone: (808) 586-5842

Intake/Eligibility:

Oahu: (808) 733-1689 Kauai: (808) 241-3406 Molokai: (808) 553-7898 Maui: (808) 243-4625 Lanai: (808) 243-4625

Hawaii – Hilo: (808) 974-4280 Hawaii – Kona: (808) 327-6212 Hawaii – Waimea: (808) 887-6064 Website: www.health.hawaii.gov/ddd/ Provides case management, individual service planning, monitoring and coordinating, and assistance in obtaining services for children and adults with intellectual disabilities who reside in the community.

#### **DDD Case Management Branch**

3627 Kilauea Avenue, Room 104

Honolulu, HI 96816

Phone: (808) 733-9172 (Admin Office)

Fax: (808) 733-9182

Website: www.health.hawai.gov/ddd/cmb/

Provides case management, individual service planning, monitoring and coordination, and assistance in obtaining services for children and adults with intellectual disabilities who reside in the community

# **DDD Consumer Complaints Resolution Unit**

2201 Waimano Home Road, Hale A

Pearly City, HI 96782 Phone: (808) 453-6669 Fax: (808) 453-6217

Email: doh.dddccru@doh.hawaii.gov

You have the right to file a complaint with the Consumer Complaints Resolution Unit regarding the availability of DDD services, quality of service, delivery of service, DD staff, provider agency or their staff or a DDD adult foster home caregiver.

#### **HEALTH SERVICES (cont.)**

#### **Early Intervention Section Department of Health**

1010 Richards Street, Room 811

Honolulu, HI 96813 Phone: (808) 594-0000 (808) 586-0015 Fax:

Early Intervention referral line: Phone: (808) 594-0066 (808) 586-0016

Neighbor Islands: 1-800-235-5477

Website: www.health.hawaii.gov/eis/home

Provides assessment, planning and implementation of services statewide to support the development of infant and toddlers with special needs from birth to 3. Provides consultation, instruction and direct services to parents and caregivers to increase their knowledge and ability to support their child's development in their natural

environment.

#### **Public Health Nursing Branch**

1700 Lanakila Avenue, Room 201

Honolulu, HI 96817

Fax:

Phone: (808) 832-3773 East Honolulu: (808) 733-9220 West Honolulu: (808) 832-5757 Central Honolulu: (808) 453-6190 Leeward Oahu: (808) 675-0080 Waianae Oahu: (808) 697-7839 Windward Oahu: (808) 233-5450 Kauai: (808) 241-3387 East Hawaii: (808) 974-6025 West Hawaii: (808) 322-1500 (808) 984-8260 Wailuku Maui: Molokai: (808) 553-7880 Lanai: (808) 565-7114 Website: www.health.hawaii.gov/phnb/ Provides family-centered, community based nursing services to individuals, families, or groups in a community. These may include case management, client advocacy, health education, health screening, monitoring, followup and consultation. Public Health Nurses also coordinate annual flu shots at schools.



Inclusion is a belief system. It begins with the belief that every child has strengths to build upon, interests to share and experience to honor.



#### **INFORMATION & REFERRAL**

Aloha	United	Way	211
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200 N. Vineyard Boulevard #700

Honolulu, HI 96817

Phone: 211

Text: (877)-275-6569 Fax: (808) 543-2222 Email: <u>info211@auw.org</u> Website: <u>www.auw211.org</u> 2-1-1 is a confidential, toll free hotline for anyone in Hawaii in need of help. They maintain a database of over 4000 health and human services organizations across the state ranging from crisis intervention, counseling, job training, educational programs and child care. Live chat and search engine available on their website.

# Assistive Technology Resource Centers of Hawaii (ATRC)

200 N. Vineyard Boulevard Suite 430

Honolulu, HI 96817 Phone: (808) 532-7112 Toll Free: 1-888-202-4449 Fax: (808) 532-7120 Email: barbara@atrc.org

Website: www.atrc.org

Provides information and referral regarding assistive technology and where to purchase devices. Has a loan library of devices for individuals with disabilities. Offers training and equipment demonstration related to assistive devices for consumers, their families, and members of the community.

#### **Exceptional Family Member Programs:**

#### **Army Community Services EFMP**

Contact: Laura Johnson Phone: (808) 787-4227

Coast Guard EFMP

Contact: Stacey Sawyer Phone: (808) 842-2089

**Marine Corps EFMP** 

Contact: Rose DeMello Phone: (808) 257-0290

**Navy and Air Force EFMP** 

Contact: Carrie Silva Phone: (808) 474-1999 Provides information, support and referral to military families who have a family member with a disability. See Family Support Groups for more information.

#### **Hawaii Cares**

(Formally The Crisis Line of Hawaii)

Phone: (808) 832-3100

Neighbor Islands: 1-800-753-6879

Provides information and referral services to help youth whose immediate health and safety may be in jeopardy due to a mental health issue. The hotline is available 24 hours a day, 7 days a week.

## INFORMATION & REFERRAL (cont.)

Hawaii Early Intervention Referral Line 1010 Richards Street, Room 811 Honolulu, HI 96813 Phone: (808) 594-0066 Toll Free: 1-800-235-5477 Website: www.health.hawaii.gov/eis/home/eisservices	Provides information and referral for children birth to three years old. Links children birth to three with special needs or at risk of delays and their families to early intervention services.
Hawaii Branch of the International Dyslexia Association (HIDA) Mailing Address: P.O. Box 893670 Mililani, HI 96789-0670 Phone: (808) 538-7007 Email: info.hi@dyslexiaida.org Website: www.hi.dyslexiaida.org	Provides information and resources on dyslexia. Provides speakers for community presentations. Sponsors teacher professional development workshops and parent support group meetings.
Hawaii & Pacific Deaf Blind Project Center on Disability Studies University of Hawaii Manoa 1410 Lower Campus Road, 171 F Honolulu, HI 96822 Website: www.csc-hawaii.org/hpdbp  Program Director: Mellanie Lee Phone: (808) 753-0981 Email: mellanie@hawaii.edu Program Coordinator: Jennifer Tarnay Phone: (808) 753-2351 Email: jtarnay@hawaii.edu Resource Specialist: Rosalind Kia Phone: (808) 284-3551 Email: rkia@hawaii.edu Family Specialist: Ginger Knowles Email: gingermk@hawaii.edu	The Hawai'i & Pacific Deaf Blind Project provides technical assistance to children and youth who are deaf-blind, birth through 21 years of age, and to their families and service providers here in Hawai'i and outlying Pacific islands. Technical assistance may include inhome consultation, school consultation, family support, networking, in-services, statewide trainings, referrals and resources.

"Sometimes we need someone to simply be there... not to fix anything or do anything in particular, but just to let us feel we are supported and cared about."

## INFORMATION & REFERRAL (cont.)

Hilopa'a Family to Family Health Information Center 711 Kapiolani Blvd. Suite 111 PMB 001 Honolulu, HI 96813 Phone: (808) 791-3467 Hawai'i: (808) 333-3053 Kaua'i: (808) 240-0485 Maui & Lanai: (808) 270-1536 Moloka'i: (808) 660-0063 Fax (Oahu) (808) 531-3595 Text Message: (808) 465-5444 Email: advocate@hilopaa.org Website: www.hilopaa.org	Provides information, referral, consultation and training to families of children and youth with special health care needs and their professional partners.
Mental Health America of Hawaii Oahu Office: 1136 Union Mall, Suite 208 Honolulu, HI 96813 Phone: (808) 521-1846 Crisis Line: 808-832-3100 Neighbor Island: 1-800-753-6879  Maui Office: 808-242-6461 95 Mahalani St., Room 5 Wailuku, HI 96793 Email: info@mentalhealthhawaii.org Website: www.mentalhealthhawaii.org	Statewide organization which works to promote mental wellness, prevent mental illness, reduce stigma and improve the care of those with mental illness. Services include a free statewide Finding Help Phone List, a Stop Youth Suicide and Bullying Project, the Invisible Child Project (for those who have parents with mental illness), advocacy, support groups, classes and public education.
Parent Line Phone: (808) 526-1222 Neighbor Islands: 1-800-816-1222 Email: parentline@cfs-hawaii.org Website: www.theparentline.org	Provides support, encouragement and information on parenting by helping callers to problem solve their particular concerns over the phone and mailing parenting and community resource information on request.

"AT THE END OF THE DAY, THE MOST OVERWHELMING KEY TO A CHILD'S SUCCESS IS THE POSITIVE INVOLVEMENT OF PARENTS."

~ JANE D. HULL

#### INFORMATION & REFERRAL (cont.)

#### **Special Parent Information Network**

1010 Richards Street, Room 118

Honolulu, HI 96814 Phone: (808) 586-8126

Fax: 586-8129

Or call toll-free from neighbor islands: Hawai'i: (808) 974-4000, ext. 68126 Kauai: (808) 274-3141, ext. 68126 Lanai: 1-800-468-4644, ext. 68126 Maui: (808) 984-2400, ext. 68126 Molokai: 1-800-468-4644, ext. 68126

Email: <a href="mailto:spin@doh.hawaii.gov">spin@doh.hawaii.gov</a>
Web: <a href="mailto:www.spinhawaii.org">www.spinhawaii.org</a>
Web: <a href="mailto:www.spinconference.org">www.spinconference.org</a>

Facebook: SPIN-Special-Parent-Information-

Network

Offers parents of children/young adults with disabilities parent-to-parent information, referral and support. Services include a parent "warm"line, a quarterly newsletter, website, Facebook page, informational workshops and annual statewide conference. Check out the SPIN Conference website for recorded workshops and community resources.

"The severity of one's disability does not determine their level of potential. The greatest barriers that persons with disabilities have to overcome are not steps or curbs, it's expectations."

# **Karen Clay**

# **FAMILY SUPPORT GROUPS**



## OAHU BASED:

Autism Society of Hawaii (ASH) Contact: Gail Chu 734 Hahaione Street Honolulu, HI 96825 Phone: (808) 342-0364 E-mail: autismhi@gmail.com Website: www.autismsocietyofhawaii.org	Provides family and sensory friendly events for families and youth with Autism Spectrum Disorders. All groups require a minimum of 3 participants to run. Please RSVP by email so they can ensure participation.
Autism Speaks Contact: Kalma Wong Phone: (808) 393-5218 E-mail: kalma.keiko@gmail.com Website: www.autismspeaks.org National contact: 1-888-288-4762 E-mail: familyservices@autismpeaks.org  Brain Injury Association of Hawaii	Dedicated to promoting solutions, across the spectrum and throughout the lifespan, for the needs of individuals with autism and their families, through advocacy, support, increasing understanding and acceptance and advancing research into the causes and better interventions for ASD.  Support group meetings are held around the
Honolulu, HI 96814 Phone: (808) 633-8144 Phone: (808) 633-8149 National contact: 1-800-444-6443 Email: braininjuryofhawaii@gmail.com Website: www.biausa.org/find-bia/hawaii	state. Email for specific dates and times.
Community Children's Councils Parent Support Groups (See Miscellaneous Section for details)	For a listing of CCCs that have regular parent support group meetings, contact the Community Children's Council Office.
Down Syndrome Ohana Hawai'i 3097 Kalihi Street Honolulu, HI 96819 Phone: (808) 366-6706 Email: dsohana808@gmail.com Website: www.dsohawaii.net	We are families joined together to unite and support families and provide advocacy and information concerning all aspects of life for individuals with Down syndrome. Various activities include social gatherings, new/expectant parent visits, family workshops, informational packets, family support and quarterly newsletters.

# FAMILY SUPPORT GROUPS (cont.)

Exceptional Family Member Program Army Community Service Contact: Laura Johnson Phone: (808) 655-4ACS (4227) Website: www.himwr.com/acs	Offers quarterly parent support groups, rotating between Schofield and Ft. Shafter, where parents can gather to ask questions and share stories. Call for details, dates, time and locations.
Exceptional Family Member Program Marine Corps Base Hawaii Contact: Rose DeMello Phone: (808) 257-0290 Email: amy.laboy@usmc.mil Web: www.mccshawaii.com/efmp	Offers a Coffee Hour support group for families enrolled in the program to chat, find answers and get caffeinated. Call for details, dates, time and locations.
Epilepsy Foundation of Hawaii 200 N. Vineyard Blvd., Suite B259 Honolulu, HI 96814 Phone: (808) 528-3058 Email: efh@epilepsyhawaii.org Website: www.epilepsyhawaii.org	Offers support, classes and information about seizures. Call or email for dates and times. All classes and groups are free but require an RSVP.
Hawaii Autism Foundation P.O. Box 630 Kailua, HI 96734 Phone: 808-721-5161 Email: director@hawaiiautismfoundation.org Website: www.hawaiiautismfoundation.org/	Helps Hawaii families identify needs and find solutions that will ensure keiki have the tools and transitional support they need to reach their full potential and thrive as adults.
Hawaii Families As Allies P.O. Box 1971 Aiea, HI 96701 Phone: (808) 682-1511 Email: hfaa@hfaa.net Website: www.hifamilies.org	Provides support and outreach to parents of children and adolescents who have emotional or behavior challenges. Also sponsors a monthly support group for adolescents and young adults - Hawaii Youth Helping Youth (HYHY). Call for dates and times.
Ho'omana Support Group Phone: (808) 426-6879 Email: hoomanagroup@gmail.com Website: sites.google.com/view/ Windwardautismprogram/parentfamily- Support/hoomana	A statewide monthly support group run by parents for parents of children/teens/adults on the Autism Spectrum and other disabilities Provides support, guidance, resources and sharing of experiences from group members and facilitators.

# FAMILY SUPPORT GROUPS (cont.)

HUGS (Help, Understanding & Group Support) 3636 Kilauea Avenue Honolulu, HI 96816-2318 Phone: (808) 732-4846 Fax: (808) 732-4881 Email: info@hugshawaii.org Website: www.hugshawaii.org Website: www.hugshawaii.org  Family Programs Hawaii: It Takes an Ohana 801South King Street Honolulu, HI 96813 Phone: (808) 540-2543 E-mail: charla@familyprogramshi.org Website: www.ittakesanohana.org	The mission of HUGS is to strengthen families by improving their quality of life as they face the emotional and financial hardships of caring for a seriously ill child. HUGS provides services, free of charge for each of the family members by offering programs that promote positive peer-to-peer relationships.  Provides information, training and support for resource caregivers (formerly referred to as foster parents) and parents, including those who are caring for children with disabilities, while providing responsible advocacy.
Keiki Education Living Independent Institute (K.E.L.I.I.) 91-215 Hiluhilu Place Kapolei, HI 96707 Contact: Melodee Haole Phone: (808) 927-5909 Email: keliifoundation@live.com Website: www.keliifoundation.org	Provides social events and seminars to empower parents and help individuals with autism and other special needs to have a higher quality of life, including transitioning from high school to adulthood and teaching independent living.
National Alliance on Mental Illness Hawaii (NAMI) 770 Kapiolani Boulevard #613 Honolulu, HI 96813 Phone Numbers: Oahu: (808) 591-1297 Kauai: (808) 631-4982 Maui: (808) 298-0025 Hawaii: (808) 959-2426 Email: info@namihawaii.org Website: www.namihawaii.org	Provides education, support and advocacy for Alliance consumers, family members and interested community members whose lives are affected by neuro-biological disorders such as schizophrenia, bipolar disorder, and major depression. Family support meetings are held once a month in different locations around Oahu. Call or email for dates, times and locations.
Obsessive-Compulsive Disorder Support Group 1180 Kupau Street Kailua, HI 96734 Contact: Ginny Klein Phone: (808) 261-6987	Group support for family members of children with OCD. Meets the second Saturday of each month from 11:00 a.m. to 1:00 p.m. at the Star of the Sea Church (4470 Aliikoa Street). Call before attending a meeting.

# FAMILY SUPPORT GROUPS (cont.)

Post-Partum Support International:	Supporting women in Hawaii who are pregnant
Hawaii Chapter	and post-partum who have mood disorders.
Contact: Diane Ashton	Provide phone support, peer support group,
Phone or Text: (808) 392-7985	Google+ Hangout group, referrals, group
Email: dianea20078@yahoo.com	presentations, information and education.
Website: www.postpartum.net/locations/hawaii	
TACA: The Autism Community in Action	Holds meetings and Coffee Talks throughout
Hawaii Chapter	the year. Meetings feature educational
Contact: Kiele Pennington	speakers on important topics for ASD families.
Email: Kiele.Pennington@tacanow.org	Coffee Talks provide more intimate settings
Website: www.tacanow.org/Hawaii	where families can network, share resources
	and speak with seasoned parents. For
	information on date, time and location of
	meetings, call or visit the website.
	<i>6</i> /

# Neighbor Island Based:

ALOHAS : A Leap of Hope Amidst Struggles Private Facebook Group	For all parents of children with challenges on Maui. To join this private Facebook group, you must live on Maui and be a parent, family member or caregiver of a child with special needs.
Autism Bridges Maui P.O. Box 387 Pu'unene, HI 96784-0387 Phone: (808) 298-4153 or (808) 264-4016 Email: info@autismbridgesmaui.org Website: www.autismbridgesmaui.org	Autism Bridges Maui is a child and family centered, grass-roots organization that supports a wide array of services that develop the full potential and improve the quality of life for individuals with autism, pervasive developmental disorders, and neurological developmental disorders through their life span.
Be the Voice! Autism & All Special Needs Support Kauai P.O. Box 470 Ele'ele, HI 96705 Email: bethevoiceautismkauai@outlook.com	Grassroots Parent-to-Parent support group advocating for Kauai families and serving those affected by autism (ages 3-15 years) Visit their Facebook page for more information.
Big Island Disability Resource Network P.O. Box 1250 Hilo, HI 96721 Email: bigislanddisabilitynetwork@gmail.com Website: www.bigislanddisabiltyresourcenetwork.org	Provides information and supports to families on the Big Island. Visit their Facebook page for more information.

#### **WE STAND FOR DISABILITY RIGHTS:**

Accessibilty and safety, community acceptance, independent living and quality of life, full and active participation in society, equal access to education and employment.



#### SELF HELP GROUPS FOR PERSONS WITH DISABILITIES

#### **Self-Advocacy Advisory Council (SAAC)**

Phone: (808) 586-8100
Email: <a href="mailto:oahusaac@gmail.com">oahusaac@gmail.com</a>
DD Council Contact: Zosimo Arista
Email: <a href="mailto:doh.info.ddc@doh.hawaii.gov">doh.info.ddc@doh.hawaii.gov</a>

Website: www.hisaac.org

A network of individuals with intellectual disabilities aimed at leadership development, advocacy, education and training, and becoming partners in planning, developing and implementing policies and programs for persons with developmental disabilities.

#### **United Self Help**

c/o Waikiki Community Center 310 Paoakalani St. Honolulu, HI 96815 Phone: (808) 947-5558

Neighbor Islands: 1-866-866-HELP (4357)

Email: <u>director@unitedselfhelp.org</u> Website: <u>www.unitedselfhelp.org</u> Offers a variety of support groups on different days and locations for adults with depression, schizophrenia, anxiety and other categories of mental illness. Also offers BRIDGES Education class, presentations throughout the state (including to high schools) on "How to Stay Mentally Healthy," a "warm line," peer mentoring, a newsletter, recreational activities and help finding employment.

Self-Advocacy ... the process of recognizing and meeting the needs specific to your learning ability without compromising the dignity of yourself or others.

Loring Brinckerhoff, 1994



#### MISCELLANEOUS RESOURCES

#### **Community Children's Council Office**

c/o Kalani High School

4680 Kalanianaole Hwy. Bldg. TB1A

Honolulu, HI 96821

Phone: (808) 294-0991 (voice/text)

Fax: (808) 377-7733

Email: <a href="mailto:steven.vannatta@k12.hi.us">steven.vannatta@k12.hi.us</a>
Website: <a href="mailto:www.hawaiipublicschools/">www.hawaiipublicschools/</a>
<a href="mailto:parents/supportforparents/">parentsandstudents/supportforparents/</a>

Provides local forums in 17 communities statewide, for members to come together as equal partners to discuss and positively affect multiple systems' issues for the benefit of all students, families and communities. Call or email to find out the date, time and location of a CCC meeting near you.

# Disability and Communication Access Board (DCAB)

1010 Richards St., Room 118

Honolulu, HI 96813 Phone: (808) 586-8121 Fax: (808) 586-8129

Email: dcab@doh.hawaii.gov

Website: www.health.hawaii.gov/dcab/

A body of Governor appointed volunteers, including persons with disabilities and their family members, who advocate and promote the full integration, equal access, and quality of life for persons with disabilities. DCAB administers the state parking program for persons with disabilities, tests sign language interpreters, reviews blueprints of state and county construction projects and is the state government ADA coordinator.

#### **Division of Vocational Rehabilitation**

600 Kapiolani Blvd. #305 Honolulu. HI 96813

Oahu:

Honolulu: (808) 586-4824 Kapolei: (808) 692-8604

Hawaii Island:

Hilo: (808) 974-6444 Kona: (808) 323-0025 **Kauai:** (808) 274-3333 **Maui County:** (808) 984-8350 **Deaf Section (VP):** (808) 447-1454 **Blind Branch (V/TTY):** (808) 586-5269

Website:

https://humanservices.hawaii.gov/vocationalrehab/

DVR provides individualized planning and services for youth and adults with disabilities who want to enter the competitive workforce.

# MISCELLANEOUS RESOURCES (cont.)

Hawaii Early Intervention Coordinating Council (HEICC) Early Intervention Section (DOH) 1010 Richards Street, Room 811 Honolulu, HI 96813 Phone: (808) 594-0000	A body of stakeholders established under IDEA to advise the Department of Health regarding policies and the provision of services to infants and toddlers with disabilities or who are at risk of disabilities and their families. Meetings are held quarterly. Call for more information.
Maximum Legal Services Corporation 707 Richards Street, Suite PH6 Honolulu, HI 96813 Phone: (808) 585-0920 Fax: (808) 585-0930 Email: contact@maxlegalservices.org Website: www.maxlegalservices.org	Serves either as a conservator or trustee, providing supervision over assets and property primarily for persons with special needs, the elderly and/or minors.
Special Education Advisory Council (SEAC)  1010 Richards Street, Room 118  Honolulu, HI 96813  Phone: (808) 586-8126  Fax: (808) 586-8129  Email: spin@doh.hawaii.gov  Website: www.seac-hawaii.org	Established under IDEA to advise DOE regarding the education of all eligible children with disabilities. Parents and persons with disabilities make up a majority of the membership. Meetings are typically held on the 2 <sup>nd</sup> Friday of the month except for the months of June and July and are open to the public. Call for more information.
State Council on Developmental Disabilities (DD Council) 1010 Richards Street, Room 122 Honolulu, HI 96813 Phone: (808) 586-8100 Email: daintry.bartoldus@doh.hawaii.gov Website: www.hiddcouncil.org	A body of Governor appointed self-advocates, family members, consumers, and public and private agency representatives that plans, coordinates, evaluates, monitors, and advocates on behalf of individuals with developmental disabilities and their families. Activities include educating and informing the public and policy makers about developmental disabilities, policy development and implementation, and fostering interagency collaboration and coordination.
Social Security Administration 300 Ala Moana Boulevard, Suite 1-114 Honolulu, HI 96850 Phone: (800) 772-1213 (National number) Web: www.socialsecurity.gov	Receives applications for SSI and SSDI payments. Applications based on disability will be forwarded to the Disability Determination Branch of the Department of Human Services for review.

#### SPIN – Special Parent Information Network

#### Aloha Parents, Caregivers, Teachers and Other Helping Professionals!

Have you heard of SPIN? Our mission is to provide parents and caregivers of children with disabilities (and the professionals who serve them) with timely and useful information about the special education process, parenting a child with special needs, specific disabilities, special events and community resources.

We offer multiple ways to receive support and information:

- 1. <u>Website:</u> visit us and bookmark <u>www.spinhawaii.org</u> for a calendar of community events, articles, and electronic copies of *A Parent's Guide to Special Education*, Community Resource Guide as well as current and archived editions of the *SPIN News*.
- 2. **Warm line of parent to parent support:** call us at 808-586-8126 to talk story, receive information and get connected to local resources.
- 3. <u>SPIN News:</u> our very own FREE quarterly newsletter highlighting the latest special education news and information. Sent directly to your email and posted to our website for easy access.
- 4. **E-Blasts:** sign up for emails of local events, workshops, trainings and other happenings around the state. Local organizations share with us, we share with you. ☺
- 5. **Facebook:** SPIN Special Parent Information Network, like and follow us to be up to date with local events, get linked to national special education information and reforms and join the conversation on how to improve special education in Hawaii.
- 6. **Annual SPIN Conference:** The SPIN conference for families and professionals presents 16 workshops, an awards luncheon and over 60 tables of displays and community resources for families around the state. Visit our SPIN Conference website for recorded workshops and community resources: <a href="https://www.spinconference.org">www.spinconference.org</a>.

	SPIN News via email	E-Blasts via email	
Name:			
E-mail:			

#### Return this form to join the SPIN Network.

Mail to: 1010 Richards Street, Room 118, Honolulu, HI 96813

Fax to: 808-586-8129

E-mail to: SPIN@doh.hawaii.gov

Call us: 808-586-8126