

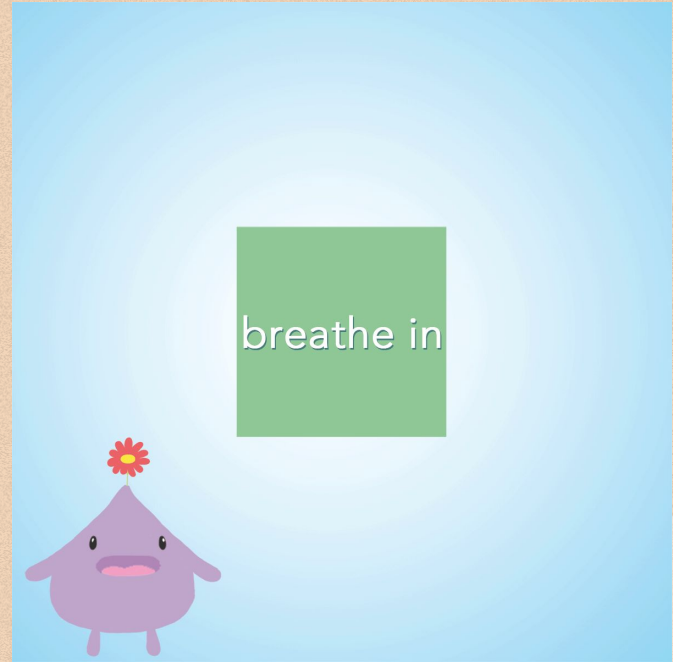


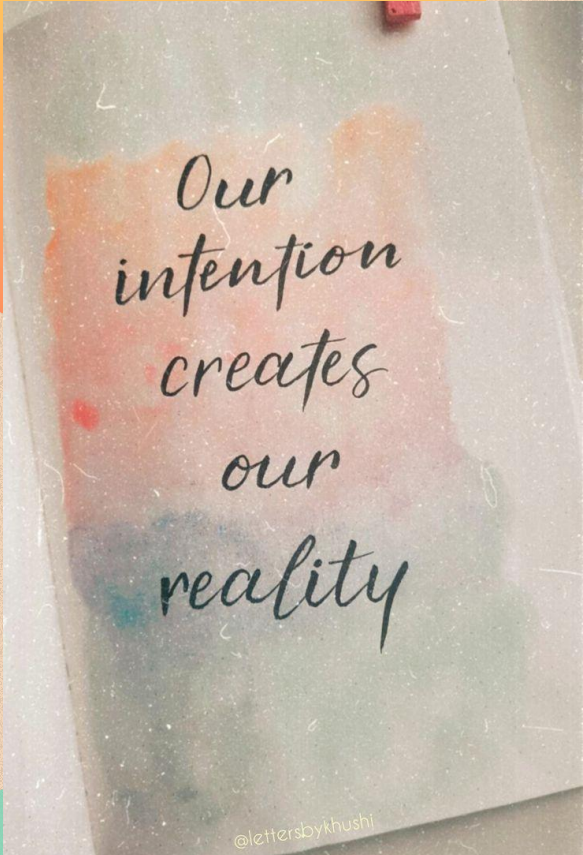
# Welcome!

thank you for being here

Lean on Me  
Saturday, March 28, 2026

Let's take a moment to  
reset...





*Our  
intention  
creates  
our  
reality*

@lettersbykhushi

**Set an intention or a  
little reminder for  
today...**



# **Sibling Perspectives Panel**



## Desired Outcomes for This Workshop

- Participants will learn/become aware of/practice:
- How having a brother or sister with a disability may impact a sibling's responsibilities at home, social interactions, community activities, career goals and access to parents' time and attention;
- Factors which may influence the positive or negative nature of the relationships between siblings and their sister or brother with a disability;
- What siblings have to say about how their brother or sister has impacted their lives and what they want parents and others helping professionals to know; and
- Where to go on-line and in the community for more information and support regarding siblings of children and teens with disabilities.

Resources shared today

<https://www.hugshawaii.org/>

<https://researchautism.org/families/siblings-support/>

<https://www.nqdhawaii.org/> - check  
facebook for events