

Sibling Resources to Explore

- Navigate through sibling support websites to see what is available to them, what age groups are addressed, and identify which one you like better. Be prepared to discuss what you thought of the websites and what you learned.
 - <https://siblingleadership.org/>
 - <https://siblingsaustralia.org.au/>
- Watch two TED Talks about “Glass Children,” and their experience. Reflect on what resonated with you and why.
 - <https://www.youtube.com/watch?v=MSwqo-g2Tbk>
 - https://www.ted.com/talks/jamie_guterman_glass_children

Context

Glass Children (from Google AI): A term used to describe siblings of children with disabilities or chronic illnesses who are often overlooked by their parents. The term "glass" refers to how parents may seem to "look right through" their healthy sibling. "Glass" may also refer to how strong these children appear, but they may have unmet needs

- **Please note that not ALL siblings have this experience.**

Here are some additional, optional resources that you can explore to dive deeper into sibling perspectives:

- Film & Novel: [My Sister's Keeper](#)
- The [Sibling Support Project](#) is a national effort dedicated to the life-long concerns of brothers and sisters of people who have special health, developmental, or mental health concerns.
- Google search and explore: Glass Child Syndrome

- <https://www.hugshawaii.org/>
- <https://researchautism.org/families/sibling-support/>
- <https://www.nqdhawaii.org/>
- <https://www.oregonsibs.org/post/npr-interview-with-siblings>

Link to a book chapter on Siblings of Disabled Children

- https://drive.google.com/drive/folders/1_yvjNgb1GmMKZ_86esJ1SDV7DIWxbzJw?usp=sharing